Meaning in Life – just do this top table (make sure to take out the titles of each section). … May need to go back and look at this one for order and how they were rated, etc.

Table 2. Final exploratory four factor solution for the meaning items with Sample I (n = 167) and conﬁrmatory factor analysis

(CFA) loadings and standard errors (SE) with Sample II (n = 384)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Factor | Factor |  |  |  | CFA loading (SE) |
| Item | I | II | III | IV |  |
| I. Harmony and Peace  I feel a sense of harmony within myself | 0.949 | 0.003 | 0.006 | 0.052 | 0.884 (0.016) |
| I am able to reach deep down into myself for comfort | 0.697 | 0.046 | )0.126 | 0.092 | 0.795 (0.022) |
| I feel peaceful | 0.669 | 0.061 | 0.008 | 0.069 | 0.798 (0.022) |
| I have trouble feeling peace of mind | 0.645 | 0.054 | )0.043 | )0.015 | 0.709 (0.029) |
| II. Life Perspective, Purpose and Goals  I am more fulﬁlled and satisﬁed with life | 0.055 | 0.848 | )0.011 | 0.047 | 0.603 (0.034) |
| I have a greater sense ....direction in which my life is headed | 0.043 | 0.752 | 0.012 | 0.084 | 0.545 (0.037) |
| I am more settled about my future | 0.167 | 0.699 | 0.038 | )0.034 | 0.754 (0.024) |
| Life is a more positive experience | 0.094 | 0.647 | )0.202 | 0.036 | 0.867 (0.015) |
| I feel better about my future | 0.060 | 0.627 | )0.021 | 0.048 | 0.916 (0.011) |
| I have found new and more worthwhile goals | )0.086 | 0.509 | )0.163 | 0.054 | 0.826 (0.018) |
| I have learned more about myself as a person | )0.109 | 0.429 | )0.221 | 0.092 | 0.810 (0.020) |
| III. Confusion and Lessened Meaning  Life has less meaning | 0.011 | )0.038 | 0.768 | 0.041 | 0.589 (0.037) |
| I do not value life as much as I used to | 0.051 | 0.075 | 0.664 | )0.068 | 0.646 (0.033) |
| I enjoy less in life | )0.056 | )0.220 | 0.591 | )0.008 | 0.725 (0.028) |
| I get completely confused when I try to understand my life | )0.168 | 0.029 | 0.575 | )0.044 | 0.741 (0.027) |
| I don’t know who I am, where I came from, or where I am going | 0.143 | )0.018 | 0.575 | )0.032 | 0.614 (0.035) |
| Life is full of conﬂict and unhappiness | )0.167 | )0.017 | 0.569 | 0.042 | 0.763 (0.026) |
| I spend most of my time doing things that are not really important | )0.114 | )0.005 | 0.450 | )0.107 | 0.587 (0.037) |
| IV. Beneﬁts of Spirituality  I ﬁnd strength in my faith or spiritual beliefs | 0.015 | )0.043 | )0.033 | 0.979 | 0.975 (0.007) |
| I ﬁnd comfort in my faith or spiritual beliefs | 0.080 | 0.001 | 0.050 | 0.930 | 0.978 (0.007) |
| My illness has strengthened my faith or spiritual beliefs | )0.089 | 0.209 | )0.014 | 0.606 | 0.742 (0.024) |
| Loadings in bold indicate factor assignment. |  |  |  |  |  |

Directions: The statements below concern the possible impact of your cancer on your life. Indicate how much you agree or disagree with the statements about you and your life at this time.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |
| Strongly Disagree | Moderately Disagree | Disagree | Agree | Moderately Agree | Strongly Agree |

As a result of my cancer diagnosis and treatment, I am more fulﬁlled and satisﬁed with life. As a result of my cancer diagnosis and treatment, life has less meaning.

As a result of my cancer diagnosis and treatment, I have a greater sense of well being about the direction in which my life is headed. As a result of my cancer diagnosis and treatment, I do not value life as much as I used to.

As a result of my cancer diagnosis and treatment, I enjoy less in life.

As a result of my cancer diagnosis and treatment, I am more settled about my future.

As a result of my cancer diagnosis and treatment, life is a more positive experience.

As a result of my cancer diagnosis and treatment, I get completely confused when I try to understand my life.

As a result of my cancer diagnosis and treatment, I feel better about my future.

As a result of my cancer diagnosis and treatment, I don’t know who I am, where I came from, or where I am going.

As a result of my cancer diagnosis and treatment, I have found new and more worthwhile goals.

As a result of my cancer diagnosis and treatment, life is full of conﬂict and unhappiness.

As a result of my cancer diagnosis and treatment, I have learned more about myself as a person.

As a result of my cancer diagnosis and treatment, I spend most of my time doing things that are not really important to me.

I am more fulﬁlled and satisﬁed with life.

Life has less meaning.

I have a greater sense of well being about the direction in which my life is headed.

I do not value life as much as I used to.

I enjoy less in life.

I am more settled about my future.

Life is a more positive experience.

I get completely confused when I try to understand my life.

I feel better about my future.

I don’t know who I am, where I came from, or where I am going.

I have found new and more worthwhile goals.

Life is full of conﬂict and unhappiness.

I have learned more about myself as a person.

I spend most of my time doing things that are not really important to me.

Appendix 1. (continued)

Directions:Please indicate how true each statement is for you.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 0 | 1 | 2 | 3 | 4 |
| Not at all | A little bit | Somewhat | Quite a bit | Very much |

I have trouble feeling peace of mind.

I am able to reach deep down into myself for comfort.

I feel a sense of harmony within myself.

I ﬁnd comfort in my faith or spiritual beliefs.

I ﬁnd strength in my faith or spiritual beliefs.

I feel peaceful.

My illness has strengthened my faith or spiritual beliefs.

Item 15 is reverse scored. Items 15–21 are rescaled: 0 = 1.00, 1 = 2.25, 2 = 3.5, 3 = 4.75, and 4 = 6.00.